

## Our Covid standards

We have introduced a checklist of steps that is in use in this Care Home. We hope that these procedures show our commitment to keeping our residents and staff safe and reflect the high standards you would expect from Spring Mount.

### Social Isolation

our residents continue to live an active, happy and normal life within the Spring Mount environment. Our doors are open almost constantly ensuring residents always have access to the outside and fresh air giving them a sense of freedom.



### 1. Information Dissemination

Regular emails have been sent out to staff and relatives to keep them updated on Covid 19 and the actions and guidance we are expected to follow.

Staff meetings every 2 weeks to keep staff updated, demonstrate PPE donning and doffing, offer support. Presentation of new topics such as our Champions project

We have initiated a forum to encourage discussion about issues and anxiety, around Covid 19, boosting morale and offering support and team building.

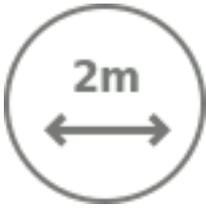
We have set up skype to help relatives and friends to maintain contact with their loved one. There is also telephone access for those without WI FI

Our notice board displays current information, posters, all information to help with understanding the virus and its spread.

All staff have been encouraged to download the Care Workforce app and the NHS Portal

We have the Telemed System in place which gives us a direct link to a nursing and medical team.

Newsletters are going out regularly keeping everyone updated about life in Spring Mount.



## 2. Locked Down, Social Distancing and Isolation

We have restricted all visitors to the premises to essential visiting only, such as Nurses, Doctors, Deliveries. PPE is available for the time we may need it.

Initial isolation of all vulnerable residents to their own rooms.

Identified areas of the Home that could be used to isolate vulnerable or virus infected residents.

We have an emergency contingency plan in place, should we have any positive cases within the Home.



## 3. Increase cleaning and disinfecting

We've increased our already excellent cleaning regimes and made things safer for everyone. We are improving our existing cleaning methods to include disinfection procedures for items you may have never even considered such as TV remotes.



## 4. Air circulation

We've improved our air circulation to keep things fresh and safe. All windows and doors are open most of the time, the residents are actively encouraged to go outdoors whenever the weather permits. Activities take place outside such as ball games, some meals and socializing.



## 5. Personal Protective Equipment

We have PPE to keep residents and employees safe, if this becomes necessary. Including Masks, Gloves, aprons, visors for all staff. Our staff have been issued with masks for personal use in the community.

Vulnerable staff have been wearing their masks around the home with the visors and have restricted access to residents.



## 6. Sanitising stations

We have added extra hand sanitising stations throughout the home including all the bedrooms.

All staff have been issued with personal re-fillable hand sanitisers

## 7. Disinfection of the whole Home

This is achieved through high standards of cleaning, disinfection and our mobile Otex de-sanitising machine, this is moved around the Home and is in use 24 hours per day. This disinfects all the soft furnishings, hard surfaces and those difficult to reach places.

It is 3000 times more powerful than bleach. It has been shown to be effective in eliminating the SARS virus.



## 8. In-house laundry facility

Our in-house laundry uses detergent products which are recommended to destroy COVID-19. All linens are washed at high temperatures. The linen and clothing is rinsed in automatically dispensed ozone de-sanitiser.



### **9 Food safety**

All food and drinks are served with safety in mind. Deliveries are managed to limit any risks of infection from outside sources.



### **10. Team training**

As well as our ongoing program of training, 11 team members are being trained to adhere to the highest standards of hygiene and safety. Anything less is unacceptable.

Training for the Covid 19 integrated into our staff training program



### **11. Covid 19 Tests**

All residents and staff are Covid swab tested every 3 weeks

### **12. Team member temperature checks**

We will administer temperature checks to ensure our employees are risk-free. Temperatures of staff and visitors is taken every time they enter the building

### **13. Resident temperature checks**

All residents temperatures are checked twice each day.